**Thank you for considering working with being better together** and investing in your professional and personal future success. Your investment will work for you and in unique ways, for your colleagues, workgroup, manager, church or organisation - possibly even for your family and friends beyond work.

It's worth your time, reflection and commitment to growth and development - you can be a better you - more confident, reflective, challenged and informed, at work and beyond.

### PROFESSIONAL SUPERVISION COSTS

Rebates or negotiated rates for Professional Supervision may be available. Please discuss with Stephen.

### **ACTIVATION** 3-month engagement: \$1395 (inc GST)

- Introduction session (~60 minutes, no obligation)
- 6x 60-min Professional Supervision sessions\*:
  - clarify approach and supervision model assess past, present and future successes, worries and hopes
  - o negotiate Professional Supervision Agreement
  - develop professional relationship of trust and support
  - o personalise a Professional Development Overview
  - collaborate on areas for reflection, growth and development
  - o regularly review process and hone future needs.
- Up to 5–6 unscheduled phone or email contacts with Supervisor for reflection and planning
- Opportunities:
  - o invite colleagues into supervision sessions
  - o quarterly cohort gathering to hear, reflect and
- Monthly being better together newsletter

# **CONTINUING** 6-month engagement: \$1110 (inc GST)

- 6x 60-min Professional Supervision sessions\*:
  - o clarify approach and supervision model
  - collaborate on areas for reflection, growth and development
  - review negotiated Professional Supervision
    Agreement
  - enhance professional relationship of trust and support
  - o develop Professional Development Plan
  - regularly review process and hone future needs
- Up to 5–6 unscheduled phone or email contacts with Supervisor for reflection and planning
- Identify and develop your targeted professional support network
- Opportunities:
  - o invite colleagues into supervision sessions
  - quarterly cohort gathering to hear, reflect and learn
- Monthly being better together newsletter

## **CONSULTING—INDICATIVE FEES** (include GST)

All Consulting fees are negotiable and will be aligned to your needs and desired outcomes. Please discuss with Stephen (contact@beingbettertogether.com.au) or phone **0410 102 756** (no-obligation).

#### **Short** ~2 hours: \$445

- Initial discussion, planning, delivery and follow-up discussion
- Your needs clarified, effective communication and outcome review

### **Half day** = *up to 4 hours:* \$745

- Initial discussion, planning, delivery and report
- Your needs clarified, effective communication and outcome assessment and report

### **Full day/s** = up to 8 hours: \$1250/day

- Initial discussion, negotiated goals and work plan for the day, pre-briefing, engagement/delivery, debriefing, outcomes assessment and report
- Effectual communications, rich engagement, upskilling and solutions/outcomes.

<sup>\*</sup> Sessions will usually occur in a private office space at your workplace or near your work location for your ease of participation